

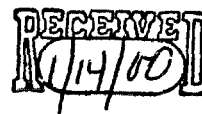


90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (516) 567-9500 ■ Fax: (516) 567-1953

7091 100 FEB -8 P2:00

December 28, 1999

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on our ZMA Anabolic Mineral Support Formula supplement under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Puritan's Pride, US Nutrition, Vitamin World:

- Vitamin B-6 acts as a cofactor to an enzyme required for aspartate metabolism.
- Zinc plays a key role in the anabolic synthesis of testosterone.
- Magnesium is an essential component of the muscle enzyme creatine kinase and is a vital factor in energy production and muscle contractions.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

97S - 0162

LET 4863

68801